

Learn to Skate Program Information

- On the 1st day of each session, please arrive at Wintersport a 1/2 hour prior to class time.
- Skate rental is included.
- Learn to Skate USA is endorsed by U.S. Figure Skating, USA Hockey, US Speedskating, and the Special Olympics
- Snowplow Sam sessions are for ages 3-6. All other sessions are available to ages 6 and up.
- Skating Director must approve any make-up classes.
- No new students will be accepted after 2 classes.
- Classes always begin promptly at the scheduled time.
- Each class will consist of a 1/2 hour of instruction and a 1/2 hour of practice to practice their skills.
- It is important for the student to practice as much as possible. Remember... the more practice the quicker the progress.
- **Helmets are highly recommended for ages 8 and under.**
- Your equipment is most important. When fitting skates make sure the boots are as snug to your feet as possible. Usually the same size as your street shoes will be fine.
- Always talk to your skating instructor before investing in ice skates. Proper skates will make your skating more enjoyable.
- Pants or slacks you can move freely in, such as "warmups" will be helpful.
- A warm sweater and a light-weight jacket are necessary. For beginner skaters, gloves or mittens and a hat are necessary for protection.

Group Lessons—Spring/Summer

551 North York Road
Willow Grove, Pennsylvania 19090



SPRING

Wednesdays 4:50PM

Saturdays 10:00AM

Sundays 11:40AM

4/18-6/10/18

SUMMER

Wednesdays 4:50PM

6/13-8/8/18

**Wintersport Ice Arena
551 North York Rd
Willow Grove, PA 19090
215-659-4253**

www.wintersportsice.com

Program Levels

Snowplow Sam 1-Sit and stand up with skates on and off ice, march in place, march forward, march then glide, dip in place

Snowplow Sam2- March followed by long glide, dip while moving, backward wiggles, forward swizzles, beginning snowplow stop

Snowplow Sam 3- Forward skating, forward one-foot glide, forward and backward swizzles, forward snowplow stop, curves

Basic 1- Proper way to fall and get up, march forward, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop

Basic 2- Forward one-foot glides, backward two-foot glide, backward swizzles, rocking horse, two-foot turn, moving snowplow stop

Basic 3- Forward stroking, forward half swizzle pumps, two-foot turn, backward one-foot glides, forward slalom, backward stop

Basic 4- Forward edges, forward crossovers, backward pumps, backward one-foot glide, two-foot spin

Basic 5- Backward edges, backward crossovers, forward outside three-turn, two-foot spin, hockey stop

Basic 6- Forward inside three-turn, moving two-foot turn, backward stroking, T-stop, bunny hop, forward arabesque, one-foot spin

Pre-Free Skate- Forward inside open Mohawk, ballet jump, backward crossovers to glides, combination move, one-foot up-right spin, waltz jump, Mazurka

Free Skate 1-6- Moves in the field, spins, dance/footwork sequence and jumps

Hockey 1-4- Learn to Skate for those interested in playing hockey

For more information on curriculum, please visit www.learntoskateusa.com.

Classes may be combined pending enrollment.

**Wintersport Ice Sports Arena
551 North York Road
Willow Grove, PA 19090**

**For More Information:
Melissa Beck
(215) 659-4253
mbeck@wintersportsice.com**

Lesson Fees due in full with application

Pre-registration is highly
recommended

Cost

\$140 per Session

Dates and Times

SPRING

Wednesdays 4:50PM—5:50PM

4/18-5/30/18

Saturdays 10:00AM—11:00AM

4/21-6/9/18

(skip 5/26)

Sundays 11:40AM—12:40PM

4/22-6/10/18

(skip 5/27)

SUMMER

Wednesdays 4:50PM—5:50PM

6/13-8/8/18*

(skip 7/4)

***Special 8 Week Session!**

Register 7 days early to save \$10!

Application

Group Lessons

SPRING/SUMMER

Admin Use Only

Amt Paid:

Date Paid:

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Date of Birth: _____ Age: _____

Phone: _____

E-Mail: _____

Parent/Guardian: _____

Please Check Day

WED SAT SUN

Please Check Session

Spring 4/18-6/10

Summer 6/13-8/8

Please Circle Level

SNOWPLOW SAM: 1 2 3

BASIC: 1 2 3 4 5 6 PRE FREESKATE

FREESKATE: 1 2 3 4 5 6

HOCKEY: 1 2 3 4

The skater and parent/guardian assume all risks and hazards incidental to this program and activities sponsored. Therefore and hereby release Bucks County Ice LLC, its officers, directors, employees, and instructors from any liability on account of injury to a skater however incurred. The parent/guardian hereby gives permission /consent to emergency medical treatment for injuries/illness. No refunds. A copy of this consent will be as valid as the original.

Signature: _____ Date: _____